



# 124th UDC California Convention

## Division Charity Project

### October 4-5, 2024 Bakersfield

## *UDC California Division Charity Project*

### **Crestwood Bakersfield Bridge**

### **Transitional Home for Patients Suffering Mental Health Disorders**

psychotic disorders, bipolar disorder and other forms of serious and debilitating brain issues

Clients of the Bridge are adults who have been diagnosed with a chronic mental illness and are age 18-59. Typically, those admitted to the Bridge are transitioning from a higher level of care or unsuccessful in a board and care and require additional support and skill development before reintegrating back into the community.

Upon admission, Service Coordinators begin to work towards discharge by developing a recovery service treatment plan that focuses on the needs of the client with the ultimate goal of independent living.

During their stay, clients perform the day-to-day functions of managing a household by participating in cooking and cleaning activities. They attend on-site groups to develop coping skills and tools for successful management of their mental illness and everyday lives. Clients meet regularly with their treatment team to monitor success and areas of improvement.

The facility is regulated by Community Care Licensing and the Department of Health Care Services.

**Mary Boykin Chesnut 2634 is supporting this Charity in their community and asks that members bring the following items to Convention that will be used to fill backpacks for those in need:**

- Blankets or throws
- Backpacks
- Personal Hygiene items; combs, brushes, shampoo, tooth paste, tooth brushes, deodorant
- Gift cards – Dollar Tree, Taco Bell, McDonald
- Socks
- PJ'S or lounge apparel
- Small games – cards, puzzles
- Cross word books
- Find a word
- Sudoku Books
- Any feel-good item – like nail polish

Drop off donations at the Convention Registration Table.

**THANK YOU!**